



The U.S. Army Command and General Staff College
School for Command Preparation
Presents the



Personal Awareness & Leadership Seminar

Have you ever...?

- Encountered complex group interactions and wondered what to do?
- Had communication problems with others whose personalities differ from yours?
- Searched for effective ways to deal with stressful situations?

Upcoming Dates

14 – 16 May 2013
27 – 29 Aug 2013
19 – 21 Nov 2013

FREE spouse seminar!

All seminars are open to CGSOC & SAMS spouses. Other local spouses may attend on a space available basis.

This FREE spouse seminar addresses:

- Group Development
- Myers-Briggs Type Indicator (MBTI)
- Resiliency
- Leadership
- Values
- Loss & Grief
- Family Readiness Groups (FRG)

Each topic is explored in a presentation and “experienced” through active involvement in a facilitator led small group exercise.

PALS runs from approx 0830-1430 each day.
For childcare services, please contact the local
Child, Youth & School Services at (913) 684-5138
or visit fortleavenworthfmwr.com.

Sign Up Today!



Contact the School for Command Preparation

Call: (913) 758-3337 **or Email:** randolph.ponder@us.army.mil